



JESUS & THE SOUL

The Resilient Soul

11.16.2025

James 1:2-8, 12

Kevin Cooke

James 1:2-8, 12

Consider it pure joy, my brothers and sisters, whenever you face trials of many kinds, because you know that the testing of your faith produces perseverance. Let perseverance finish its work so that you may be mature and complete, not lacking anything. If any of you lacks wisdom, you should ask God, who gives generously to all without finding fault, and it will be given to you. But when you ask, you must believe and not doubt, because the one who doubts is like a wave of the sea, blown and tossed by the wind. That person should not expect to receive anything from the Lord. Such a person is double-minded and unstable in all they do...Blessed is the one who perseveres under trial because, having stood the test, that person will receive the crown of life that the Lord has promised to those who love him.

The Resilient Soul

“The soul is...the deepest thing about you...it is the aspect of your whole being that correlates, integrates, and enlivens everything going on in the various dimensions of the self...It is the integrative center of the human person—the immaterial reality that unites will, mind, and body into a whole life under God.” - Dave Lomas

What is a resilient soul and how is the soul made resilient?

Joy in Trials

A Persevering Faith

James 1:2

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“The law of the Christian life is a paradox. It is made up of seeming contradictions. All its teachings are contrary to the common opinions of mankind. According to this law, giving is getting; scattering is gaining; holding is losing; having nothing is possessing all things; dying is living. It is [the one] who defies danger avoids it; [the one] who loses life who finds it. Self-interest is promoted by unselfishness; the pleasures of earth are surest to [the one] who disregards them; happiness is found only when it is no longer sought; the clearest of sight is of the invisible; things which are not, bring to naught things which are.”

- Henry Trumbull, *Practical Paradoxes*

A Persevering Faith

James 1:4

Let perseverance finish its work so that you may be mature and complete, not lacking anything.

Hypomonē: “To remain under pressure, suffering, or trials with faithful endurance.”

“...many wonder where God is in the struggle. But Scripture reminds us that some of the most defining moments in faith happen in the wrestling.”

- Katie Polski, *Blessed Are Those Who Struggle*